

**Announcement of an open lecture hosted by the Kyoto University
Global Center of Excellence (GCOE):
Revitalizing Education for Dynamic Hearts and Minds**

Invited Lecturer:

Chad Drake, Ph.D.
Assistant Professor of Psychology
University of South Carolina, Aiken

Lecture Title:

Exploring an Implicit Measure of Acceptance

Kyoto University
Yoshida South Integrated Academic Building
North Hall Room 4119
http://www.kyoto-u.ac.jp/ja/access/campus/map6r_ys.htm

18 October 2010 (Monday)
17:00-18:00

Place: Yoshida South Campus, North Building Room 4119
Free: No reservations are required
Contact: david.dalsky @ fx5.ecs.kyoto-u.ac.jp

Lecture Abstract:

Acceptance is increasingly getting the attention of therapy practitioners as a means of assisting people with difficult thoughts and emotions as well as promoting a more effective and vital life. Researchers have taken up the cause as well, developing and evaluating various methods of measuring acceptance in accordance with a variety of perspectives on the behavioral markers of acceptance. Traditionally, self-report measures have provided most of the empirical basis for research on this phenomenon. However, there are noteworthy limitations to self-reports, especially in respect to a construct that is poorly understood and often defined in variable ways within the popular culture. An alternative approach to assessment is direct measurement of behavior, and one increasingly popular means of doing so has been in respect to implicit cognition. A number of computerized tasks are now available that can measure implicit behaviors that seems to be less contaminated by social demand effects. One computer task known as the Implicit Relational Assessment Procedure (IRAP) has shown promise in detecting implicit attitudes for a variety of content domains. This talk will detail some preliminary efforts to assess acceptance of anxiety-related thoughts and feelings with the IRAP.